

Anjum Emanuel

Keynote Speaker & Certified Brain Coach



Biography

Anjum's story is one of resilience and transformation. Arriving in the UK at age 12 without speaking any English, he faced bullying and left school with no qualifications. He worked every job imaginable - from takeaways to taxi driving - but refused to let that define him. Through perseverance and developing a growth mindset, Anjum earned three university degrees and built a 20+ year corporate career. Now a Certified Brain Coach and keynote speaker, he empowers audiences to break through barriers and unlock their full potential. His interactive, high-energy talks leave a powerful & lasting impact.



SIGNATURE TALK

Optimising Brain Health For Peak Performance

Discover powerful brain-boosting strategies you can use immediately to sharpen your focus, strengthen your memory, and supercharge your productivity.

Walk away with powerful brain hacks you can apply instantly to reduce stress, boost mental energy, and protect against burnout.

Strengthen executive function to enhance decision-making, boost creativity, and perform at your best using practical, neuroscience-based techniques.

Improved cognitive skills through fun & practical brain-boosting exercises that leave a lasting impact.

A proactive approach to brain health that helps you thrive in your career, business and personal life.



WHAT PEOPLE ARE SAYING

TESTIMONIALS & REVIEWS

"Anjum's session will help you to live an optimised life and perform at your peak"

Sterling L, Chartered Accountant & Financial Coach, UK

"The session about the Brain was so good, I really enjoyed the exercises. So much to apply and digest."

Naz M, Operations Lead, UK

"Anjum delivers with knowledge, confidence and enthusiasm. Anjum has a touching story that connects and encourages."

Daniel H, Pastor, UK

"Really eye opening and got me thinking about how I can improve my brain health by taking a few simple steps. Highly recommend."

Ahmed Z, IT Project Manager, Dubai

Book Anjum to boost your team's performance

Real Impact: Tools your audience can apply immediately

Science-Based: Practical brain insights you can use straight away

Fun & Engaging: Lively sessions with laughter and hands-on activities

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INVITE ANJUM TO SPEAK

www.anjumemanuel.com



+447914 146088

